

## ROCK CREEK TERRACE APARTMENTS COMMUNITY CENTER PROGRAMS AND SERVICES





Adult Monthly BINGO & Board Games

Mid-City Financial Corporation partners with Community Services Foundation to provide the residents at Rock Creek Terrace Apartments a host of youth and adult programs. The Community Center is a safe haven for the Youth. The Community Center conducts an After School and Summer Enrichment Programs and provides many informational sessions for Adults. A listing of some of the activities provided are below. For more information and a schedule of activities, please visit the Community Center today!

## **Adult Programs**

- Information Resources & Referral Services
- Employment Assistance
- Resume Assistance
- In-House Movies
- Capital Area Food Bank Senior Brown Bag Program
- USDA Commodity Foods Distribution
- Health Screening & Wellness Seminars & Workshops
- SHARE Food Program
- Computer Instruction
- Morning Informational Talks
- Resident Birthday Celebrations
- Monthly BINGO & Board Games
- Holiday Celebration Luncheons
- Turkey Basket Giveaways
- Beauty Cosmetology Day
- Chair Exercises
- Walking Club

## Youth After School & Summer Enrichment Programs

- Reading & Math Tutoring
- Homework Assistance
- Creative Expression & Public Speaking
- Computer Instruction
- Physical Education Recreational Activities
- Arts & Crafts
- Anti-Bullying Sessions
- Health & Wellness Program
- Financial Literacy Education
- Educational & Recreational Field Trips

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Youth Playing in Sand